WHAT I TRULY DESIRE AND NEED IN A HUSBAND AND LIFE PARTNER:

- 1. HE IS MY BEST FRIEND AND BIGGEST FAN. HE ADORES ME AND LOVES ME UNCONDITIONALLY.
- 2. HE COMMUNICATES CLEARLY, WITHOUT VAGUENESS. HE SAYS WHAT HE MEANS AND MEANS WHAT HE SAYS.
- 3. HE HAS A KIND HEART; IS COMPASSIONATE, SYMPATHETIC AND CARING.
- 4. HE IS WHITE, WELL EDUCATED AND INTELLIGENT.
- 5. HE IS SECURE WITH HIMSELF AND HIS MASCULINITY.
- 6. HE CARES ABOUT HIS EMOTIONAL HEALTH AND WORKS ON HIS OWN GROWTH AND EMOTIONAL MATURITY.
- 7. HE IS A GOOD CONVERSATIONALIST <u>AND</u> A GOOD LISTENER.
- 8. HE IS SENSUOUS, WARM, LOVING AND AFFECTIONATE TOWARDS ME.
- 9. HE TAKES THE INITIATIVE IN HIS RELATIONSHIP WITH ME. HE GIVES FULL EFFORT TO MAKE THE RELATIONSHIP SUCCESSFUL. (HE PLANS WEEKENDS AWAY FOR US TO BE TOGETHER, ROMANTIC EVENINGS AT HOME BY THE FIRE, DINING OUT, ETC.).
- 10. HE IS IN SYNC WITH ME SEXUALLY AND MAINTAINS A VERY GOOD SEXUAL APPETITE WHICH DOES NOT FADE. (HE IS ROMANTIC AND KNOWS HOW TO BE INTIMATE. HE IS VERY ADEPT AT PLEASING ME SEXUALLY). HE IS WILLING TO TRY NEW THINGS.
- 11. HE HAS A BODY THAT I LOVE LOOKING AT -- HE WORKS OUT AND KEEPS HIS BODY FIT AND TRIM.
- 12. HE IS GENEROUS TO ME AND LOVES TO SURPRISE ME WITH LOVELY LITTLE GIFTS SUCH AS CARDS AND FLOWERS (BUT ALSO GIVES OF HIS HEART AND HIS TIME). HE ENJOYS SPOILING ME.
- 13. HE IS PASSIONATE ABOUT LIFE AND LOVE (IS DYNAMIC AND FULL OF LIFE).
- 14. HE BELIEVES IN EATING HEALTHY AND TAKING CARE OF HIS PHYSICAL HEALTH.
- 15. HE ENJOYS TRAVELING AND WOULD LIKE TO TRAVEL WITH ME.
- 16. HE IS A JOY TO BE AROUND AND HAS A GOOD SENSE OF HUMOR.
- 17. HE IS TRUE TO HIS WORD & HE KEEPS HIS PROMISES TO ME AND OTHERS.
- 18. HE IS PROMPT AND PUNCTUAL.
- 19. HE IS REAL, VERY HONEST (SINCERE) AND UP FRONT WITH ME AND OTHERS (THERE ARE NO BIG SURPRISES OR HIDING SKELETONS IN THE CLOSET).

- 20. HE IS SENSITIVE ABOUT, CONSIDERATE OF AND CARES ABOUT THE FEELINGS AND WELL BEING OF OTHERS, ESPECIALLY ME.
- 21. HE WANTS A SERIOUS, COMMITTED, MONOGAMOUS RELATIONSHIP AND IS WILLING TO SPEND TIME WORKING ON THE RELATIONSHIP (HE PUTS LOVE AND THE IMPORTANCE OF THE RELATIONSHIP ABOVE EVERYTHING ELSE). HE IS EMOTIONALLY "AVAILABLE" -- THERE ARE NO WALLS BETWEEN US.
- 22. HE DRINKS ONLY MODERATELY.
- 23. HE DOES NOT SMOKE.
- 24. HE DOES NOT USE DRUGS.
- 25. HE TAKES PRIDE IN LOOKING HIS BEST.
- 26. HE IS COMFORTABLE SOCIALIZING WITH FRIENDS WHO HAVE A LOT OF MONEY AS WELL AS THOSE WHO DON'T.
- 27. HE IS STEADY AND RELIABLE. I CAN DEPEND ON HIM.
- 28. HE IS COMPLETELY FAITHFUL TO ME (WITHOUT QUESTION) AND MAKES ME FEEL SECURE IN OUR RELATIONSHIP (DOES NOT TRY TO MAKE ME JEALOUS).
- 29. HE CONSIDERS IT IMPORTANT TO WORK OUT PROBLEMS CALMLY AND REACH VIABLE CONCLUSIONS.
- 30. HE IS BETWEEN 35 AND 48 YEARS OLD.
- 31. HE TAKES RESPONSIBILITY FOR CREATING HIS FUTURE (HIS DESTINY). HE FINDS IT UNNECESSARY TO PLAY THE PART OF THE "VICTIM" OR THE "MARTYR" BY FINGER-POINTING OR BLAMING OTHERS FOR PREVIOUS SETBACKS OR PROBLEMS.
- 32. HE BELIEVES IN GOD, METAPHYSICS AND IS SPIRITUAL IN HIS PHILOSOPHY AND APPROACH TO LIFE, WORK AND LOVE.
- 33. HE OWNS HIS OWN POWER AND KNOWS HIMSELF WELL. HE KNOWS WHAT HE WANTS OUT OF LIFE AND GOES AFTER IT WITHOUT BEING CONTROLLING OR DEMANDING OF OTHERS.
- 34. HE VALUES INTUITION (HIS OWN AND MINE) AND USES IT.
- 35. HE IS OPEN TO NEW THINGS AND IDEAS AND IS WILLING TO LISTEN TO OTHER POINTS OF VIEW, EVEN IF HE HAS A DIFFERENT OPINION.
- 36. HE HAS A HEALTHY EMOTIONAL RELATIONSHIP WITH HIS FAMILY. (PARENTS, SIBLINGS, CHILDREN, EX-SPOUSE, ETC.) HE AND HIS FAMILY MAKE ME FEEL INCLUDED AS A MEMBER OF THEIR FAMILY.
- 37. HE KNOWS HOW TO SAY "I'M SORRY".
- 38. HE HAS A GOOD INCOME.
- 39. HE HAS A PORTFOLIO WHICH IS GROWING FOR RETIREMENT. HE IS VERY ASTUTE REGARDING INVESTMENTS AND INVESTS WISELY.

- 40. HE EITHER HAS A HOME OR HAS THE MEANS TO PURCHASE A HOME.
- 41. HE IS PHILANTHROPIC (DONATES TO CHARITIES).
- 42. HE IS VERY FAIR IN HIS DEALINGS WITH OTHERS.
- 43. HE LIVES HERE ON THE MONTEREY PENINSULA.
- 44. HE FORGIVES EASILY AND REFRAINS FROM REMINDING ME AND OTHERS OF PAST MISTAKES.
- 45. HE WILL STICK WITH ME THROUGH ANY ADVERSITY AND ENCOURAGE THE RELATIONSHIP TO BECOME STRONGER.
- 46. HE HAS THE FORESIGHT TO PLAN AHEAD FOR MY FUTURE IF ANYTHING SHOULD HAPPEN TO HIM.
- 47. HE DOESN'T FEEL INTIMIDATED BY STRONG WOMEN AND TREATS THEM WITH RESPECT (ESPECIALLY ME).
- 48. HE LOOKS OUT FOR MY BEST INTEREST BY OFFERING TO ADVISE ME REGARDING MY FINANCIAL MATTERS.
- 49. HE ENJOYS THE THEATRE, MUSIC AND CULTURAL EVENTS AND ATTENDING THEM WITH ME
- 50. HE IS NOT AFRAID TO SHOW HIS VULNERABLE SIDE TO ME.
- 51. HE FEELS THAT HIS HOME AND WORK ENVIRONMENT ARE IMPORTANT AND SHOULD BE ESTHETICALLY PLEASING, FUNCTIONAL AND COMFORTABLE.
- 52. HE KNOWS HOW TO RELAX (HE KNOWS THE IMPORTANCE OF SPENDING TIME WITH ME AND SPENDING TIME FOR HIS OWN PURSUITS).
- 53. HE IS SENTIMENTAL AND ENJOYS THE FESTIVITY AND CEREMONY OF BIRTHDAYS, ANNIVERSARIES, HOLIDAYS AND IMPORTANT LIFE MILESTONES AND CELEBRATING THEM WITH FAMILY AND FRIENDS. HE DOESN'T FORGET THESE IMPORTANT DATES AND LOVES A GOOD PARTY. HE WOULD NEVER FORGET MY BIRTHDAY OR AN ANNIVERSARY.
- 54. HE BELIEVES IN A "TEAM EFFORT" -- FOR US WORKING TOWARD OUR GOALS IN LIFE.
- 55. HE IS A GOOD, ATTENTIVE, CARING AND LOVING FATHER TO HIS CHILDREN (IF HE HAS ANY).
- 56. HE IS COMPLETELY TRUSTWORTHY.
- 57. HE IS VERY HANDSOME (TO ME) BUT IS NOT ARROGANT.
- 58. HE HAS BLUE EYES.
- 59. HE IS BETWEEN 5'10" AND 6'2".

- 60. HE IS AT EASE AND COMFORTABLE WEARING A TUXEDO, A SUIT OR A PAIR OF JEANS AND A SWEATER.
- 61. HE REMEMBERS TO DO THINGS I'VE ASKED HIM TO DO.
- 62. HE ENJOYS THE COMPANY OF CHILDREN.
- 63. HE ENJOYS THE COMPANY OF ANIMALS (HE LIKES CHLOE).
- 64. HE ENJOYS SPORTS.
- 65. HE RESPECTS MY HERITAGE.
- 66. HE IS GOOD WITH HIS HANDS AND IS HANDY AROUND THE HOUSE--HE IS VERY ADEPT AT FIXING THINGS (I.E., PLUMBING, ELECTRICAL, CAR REPAIR, ETC.).
- 67. HE IS AMBITIOUS AND A HARD WORKER.
- 68. HE IS NEAT AND TIDY BUT NOT TO THE POINT OF EXCESS.
- 69. HE LIKES TO HAVE FUN, ENJOYS GOING OUT TO DINNER, MOVIES, DANCING AND GOING OUT ON WEEK-ENDS ON A CASUAL BASIS (WITH FRIENDS OR JUST HE AND I).
- 70. HE HOLDS OUR QUALITY TIME AS SACRED WHEN WE WANT TO BE ALONE TOGETHER AND DOESN'T LET SUPERFLUOUS THINGS INTERFERE (LIKE THE PHONE).
- 71. HE IS THOUGHTFUL (DOES THINGS WITHOUT HAVING TO BE ASKED).
- 72. HE RESPECTS ME FOR WHO I AM (MY CAREER, MY ACHIEVEMENTS AND WHAT I HOPE TO ACHIEVE IN THE FUTURE) AND ENCOURAGES ME TO BE ALL THE BEST THAT I CAN BE.
- 73. HE LETS ME HAVE THE FREEDOM TO VISIT MY FAMILY IN ITALY OR TRAVEL ON MY OWN OR WITH OTHER FRIENDS IF I SO CHOOSE.
- 74. HE ENCOURAGES OUR INDEPENDENCE AND FREEDOM WITHIN THE RELATIONSHIP TO BE OURSELVES.
- 75. HE FEELS THAT SPENDING TIME TALKING TO EACH OTHER DAILY IS IMPORTANT (ENJOYS HAVING DINNER EVERY NIGHT TOGETHER AND TALKING ABOUT THE DAY).
- 76. HE ENJOYS TAKING CARE OF ME. HE CARES ABOUT MY PHYSICAL HEALTH AND EMOTIONAL WELL-BEING.
- 77. HE IS VERY ATTENTIVE WHEN I DON'T FEEL WELL.
- 78. HE FINDS IT UNNECESSARY TO SPEND HOURS WATCHING TELEVISION (SPORTS, ETC.) BUT WOULD RATHER SPEND IT WITH ME OR DOING OTHER FUN THINGS.
- 79. HE RESPECTS MY SPACE (LET'S ME HAVE TIME FOR MY SPIRITUAL PURSUITS, I.E., MEDITATION, YOGA, AS WELL AS SPENDING TIME WITH THE GIRLS).

- 80. HE ENCOURAGES OUR HOME LIFE TO BE FULL OF HARMONY, PEACE AND LAUGHTER.
- 81. HE HELPS AROUND THE HOUSE OR OFFERS TO GET A HOUSEKEEPER.
- 82. HE HAS MEANINGFUL FRIENDSHIPS WITH OTHERS AND VALUES THOSE FRIENDSHIPS.
- 83. HE HAS HOBBIES THAT HE OFFERS TO INCLUDE ME IN (IF I SO CHOOSE) AND ENCOURAGES ME TO HAVE MY OWN WHICH HE EXPRESSES INTEREST IN KNOWING ABOUT.
- 84. HE LIKES TO READ.
- 85. HE LIKES TO COOK AND HELP ME IN THE KITCHEN.
- 86. HE ENJOYS HAVING A FEW GOOD FRIENDS OVER FOR DINNER.
- 87. HE TAKES SPECIAL PLEASURE IN LONG WALKS ON THE BEACH WITH ME, HOLDING HANDS.
- 88. HE TAKES GOOD CARE OF HIS POSSESSIONS.
- 89. HE APPRECIATES FINE THINGS.
- 90. HE LIKES THE FACT I HAVE FRIENDS AND ENCOURAGES MY FRIENDSHIPS WITH OTHERS TO GROW.
- 91. HE IS UNDERSTANDING OF DIFFICULTIES AND COMFORTS ME WITH WARM HUGS, WORDS OF ENCOURAGEMENT AND SUPPORT WHEN I NEED HIM. (I CAN LEAN ON HIM -- HE IS THERE FOR ME WHEN I NEED HIS STRENGTH AND SUPPORT).
- 92. HE HAS PERSONAL INTEGRITY AND A GOOD CODE OF ETHICS.
- 93. HE TAKES PRIDE IN MY LOOKS AND MY FEMININITY -- HE IS PROUD OF ME.
- 94. HE ALLOWS ME COMPLETE FREEDOM TO MAKE DECISIONS TO DO OR NOT TO DO THINGS WITHOUT MAKING ME FEEL PRESSURED OR GUILTY.
- 95. HE IS POSITIVE AND UPBEAT IN HIS ATTITUDE TOWARDS LIFE AND OBSTACLES.
- 96. <u>HE APPRECIATES ME</u> AND ALL THAT I DO FOR HIM AS I APPRECIATE HIM AND ALL HE DOES FOR ME.
- 97. HE CONSIDERS US BOTH FORTUNATE TO HAVE FOUND EACH OTHER.
- 98. HE IS UNATTACHED WHEN WE MEET.
- 99. HE CAN SEE THE LONGTERM PLAN AND IS WILLING TO PLAN AND MAKE LIFE GOALS WITH ME (HOME, FAMILY, RETIREMENT).
- 100. HE IS COMMITED TO SPENDING THE REST OF HIS LIFE IN LOVE WITH ME AND STAYING WITH ME (AND I WITH HIM). HE CONSIDERS HIMSELF MY SOULMATE.

WHAT I AM WILLING TO GIVE TO A SUCCESSFUL RELATIONSHIP:

- 1. TOTAL HONESTY--SINCERE, HONEST FEELINGS
- 2. ALL MY LOVE AND TOTAL DEVOTION
- 3. UNDERSTANDING AND CLEAR COMMUNICATION
- 4. MONOGAMY WITHOUT EXCEPTION
- 5. ROMANTIC, PASSIONATE INTERLUDES
- 6. PRIVATE TIME -- "SPACE" FOR EACH OF US
- 7. TRANQUILITY, PEACE OF MIND (MAKING HIM FEEL SECURE WITHIN THE RELATIONSHIP)
- 8. MATURITY, STABILITY (FEELINGS, EMOTIONS AND COMMITMENT)
- 9. GOALS, DIRECTION
- 10. INTELLECTUAL PASSION
- 11. SPIRITUAL GROWTH
- 12. MEANINGFUL HUGS, KISSES, TOUCHES
- 13. TO "BE THERE" WHEN I'M NEEDED (EMOTIONAL SUPPORT)
- 14. TO COMPROMISE RATHER THAN ARGUE
- 15. TO MAKE AND HONOR THESE COMMITMENTS WHILE REMAINING TRUE TO MYSELF